

preview (pg 23)

On page _____, finish this sentence:

Happiness is...

Include at least one image.

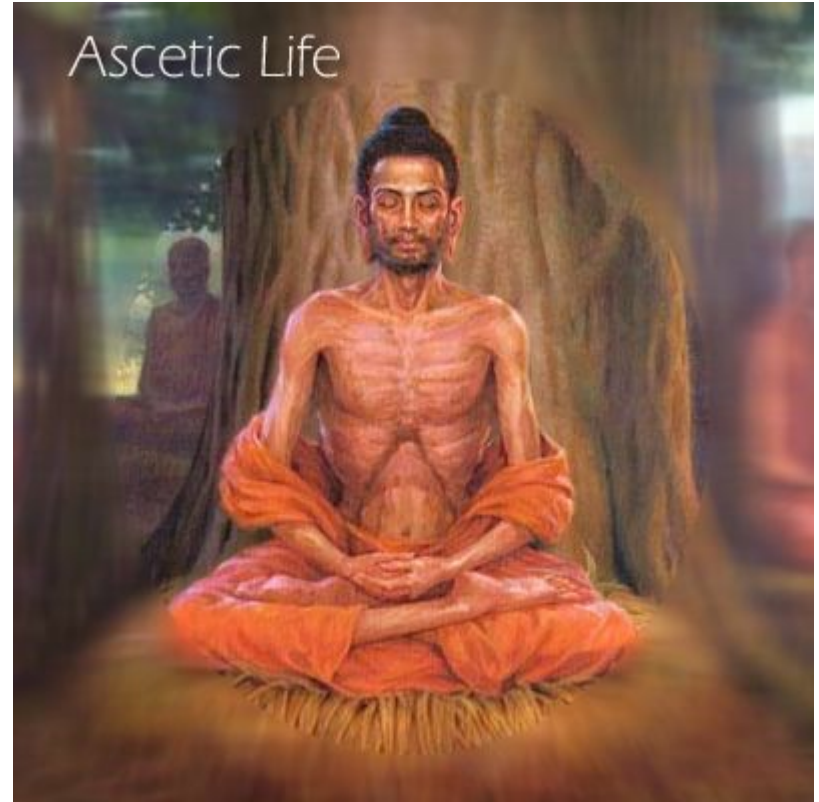
Budd-ha (noun)

- a sanskrit word meaning “enlightened”, the name given to the man who founded Buddhism
- Siddhartha would become the **Buddha.**



as-cet-ic (noun)

- a person who gives up worldly pleasures
- **Ascetics** give up nice clothes, money, and shelter.



en-light-en-ment (noun)

- the state of gaining spiritual insight and finding universal truth.
- Siddhartha gave up his life and searched for enlightenment.



alms (noun)

- goods or money given to the poor.
- He carried a small bowl for alms.



nir-van-a (noun)

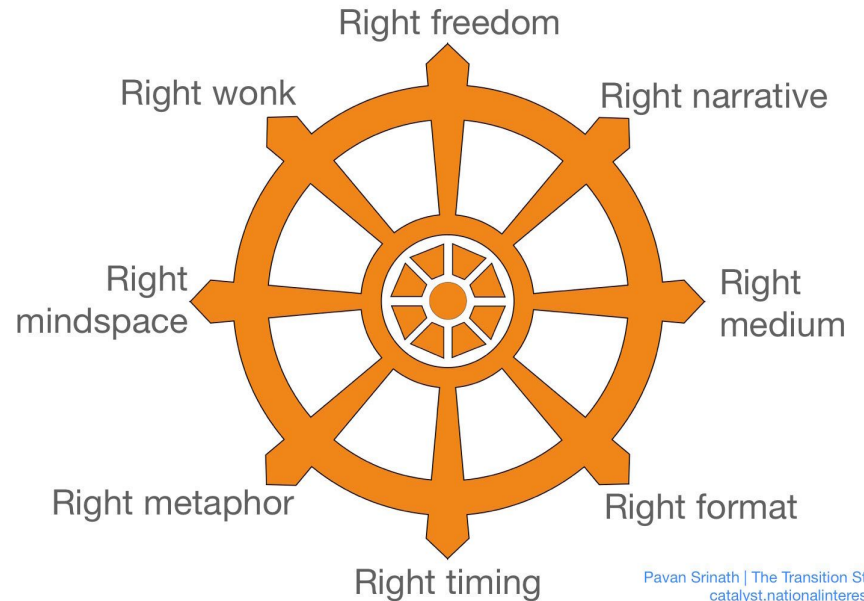
- an ideal state of happiness and peace
- He meditated about how to reach nirvana.



eightfold path (noun)

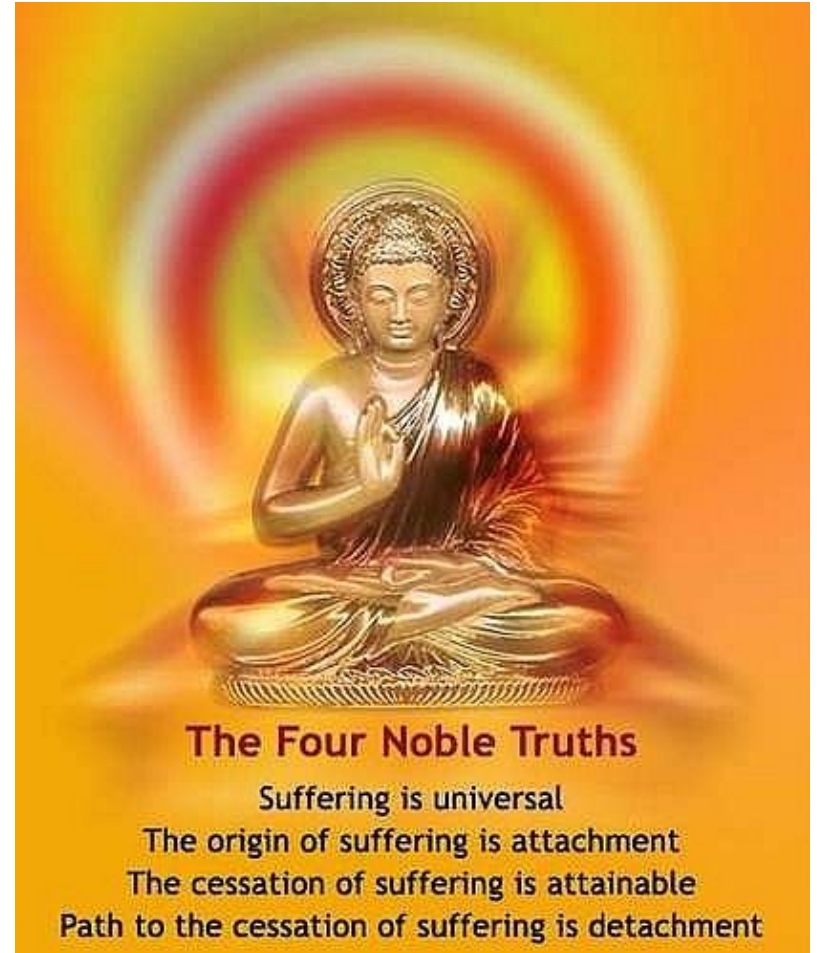
- idea that Buddhists should live their lives according to these ideas
- The way to give up cravings is by living according to the **eightfold path.**

The Eightfold Path to Good Public Engagement



four noble truths (noun)

- the four principals of Buddhism
- Buddha discovered the **four noble truths** while meditating.



sa-cred (adj)

- dedicated to a religious purpose.
- The Vedas are a collection of sacred texts.

